WE CARE FOUNDATION OF NEWFOUNDLAND AND LABRADOR

Counselling Support Program for New Canadian and Immigrant Youth

QUESTIONNAIRE

1). How have you been impacted by the COVID-19 pandemic? Please circle all that apply:

- Socially
- Emotionally
- Mentally
- Financially
- Others

Please briefly explain: _____

2). What Coping Mechanisms/Strategies have you been using during this COVID-19 pandemic? Please circle all that apply:

- Reading books
- Watching movies
- Chatting with friends through social media and/or on the phone
- Shopping online
- Walking outdoors
- Other (please specify): _____

3). Will you be interested in speaking with a trained professional (Social Worker or Youth Counsellor) about your COVID-19 related concerns and coping mechanisms? Your information could help other new Canadian and immigrant youth experiencing increased challenges due to the COVID-19 pandemic.

- Yes
- No

If Yes please indicate how you can be contacted:_____

Your Name:_____
Age: _____ Gender: _____
Your Status in Canada: New Canadian__ PR __ Refugee__ International Student__
Phone Number: _____ E-mail Address: _____

Your Signature: _____ Date: _____

PLEASE NOTE: Your information will be kept confidential.